A LIFETIME of Possessions

Many adults making a later life home transition have not moved in 30, 40, or 50 years and need to downsize considerably. The organization and physical tasks associated with planning and implementing such a move can be daunting.

RightSize Your Move is part of a national network of screened and accredited relocation specialists. We are dedicated to helping clients and their families by capably and securely *managing the entire move from start to finish.*



Let us help you with your move or transition



Lee Mahla, owner of *RightSize Your Move*, has managed hundreds of professional organizing, residential downsizing and move management projects over the last decade. As a

highly experienced Professional Organizer and Certified Relocation and Transition Specialist, she puts together a winning team to handle each move and project with compassion and care. Lee is a certified member of the following organizations:

- National Association of Senior Move Managers www.nasmm.com
- MoveSeniors.com
- National Association of Professional Organizers (NAPO), Golden Circle Member www.napo.net



Industry regulated, Certified Relocation and Transition Specialists (CRTS) meet eligibility, education, and exam requirements and are held to insurance, security screening and continuing education standards.





Managing moves with care



Senior Move Management and Transition Specialists

916.631.6881

2443 Fair Oaks Boulevard, Suite 503 Sacramento, CA 95825

www.rightsizeyourmove.com

MANAGING ASPECTS OF 55+ HOME TRANSITIONS INCLUDING:

- Conduct an in-home assessment
- Develop an overall move plan
- Customize space planning for your new home
- Organize, sort, and downsize the home
- Arrange for disposal of unwanted items through estate sale or donation
- Interview, schedule, and oversee movers, contractors, and other third parties
- Arrange shipments, crating, or storage
- Arrange professional packing
- Unpack and create a new home environment.
- Arrange and manage related services such as cleaning, waste removal, shopping, assistance in selection of a realtor, home staging, and/or prepare the original residence for sale.
- Coordinate Care-Managers and Certified Age-in-Place contractors
- Arrange for Age-in-Place modifications

We understand

Save TIME, MONEY, AND FRUSTRATION

Working with *RightSize Your Move* saves you valuable time, money, and frustration during your major move, transition, or downsize.

The benefits of our service will:

- **Save time** by quickly finding and coordinating reputable resources to help with every part of your move.
- Reduce moving costs
- **Save money** by helping to efficiently bring the original home to sale
- Save frustration by taking what seems to be an overwhelming situation and breaking it into manageable parts
- Reduce family stress that can sometimes arise during times of transition
- Reduce physical demands of a move
- Compassionately walk you through the "letting go" process
- Reduce stress during move day

We can help

"Lee and her associates took care of everything and made what could have been a very traumatic event much easier on us and our parents."

- Carlos and Judy U. Sacramento, CA.

I honestly could not have overseen the downsizing of both my parents' living arrangements without their help."

- Jill B. Sacramento, CA

Read more at www.rightsizeyourmove.com



- ► Call 916-631-6881 to schedule a free initial consultation.
- Schedule a visit to develop a move plan that will work for you.